

# THE CONSUMER INDEX

WHAT THE INSIDER STAFF LOVES THIS MONTH



## Step Up to the Plate

New Year's resolutions are seldom fun, but at least now they can be pretty. Slimware's nifty Belladonna plates use subtle graphics to create designated food-placement areas that help with portion control, so I eat better with no calorie counting whatsoever. —AUSTYN ELLESE MAYFIELD  
\$36.50 FOR A SET OF FOUR, SLIMWARE.COM.



## Trash Talk

The words "haute" and "Hefty bag" are rarely paired, but Ilaria Fendi (yes, of that family) has stylishly married them. Her embroidered clutches are made of garbage bags, with a zipper where one might understandably expect a twist-tie closure. —A.H.  
\$195–\$395, LUXCOUTURE, 21 LINCOLN ST., NEWTON HIGHLANDS, 617-969-5600, LUXCOUTURE.COM.



## Stick It

Who needs to earn wings when you can simply purchase these mirrored brooches by Bena? The screen-printed Perspex pins look ab-fab as a duo—either on a boyfriend blazer or as added shine on an LBD. —ANNE VICKMAN  
\$37.50 EACH, STUDIO FIVE SHOWROOM, 560 HARRISON AVE., STE. 408, BOSTON, 617-426-1806, STUDIOFIVESHOWROOM.COM.

## Family Style

The holidays may be in the rearview, but family visits aren't. Which is why I pack my Stuck at the In-Laws Salvation Kit from Skoah spa; between its Kalm Down mask and cucumber-chamomile lotion, it's far preferable to post-get-together therapy. —ALEXANDRA HALL  
\$70, SKOAH, 641A TREMONT ST., BOSTON, 857-350-4930, SKOAH.COM.



## Flex Benefits

If I have to multitask, then my accessories should, too. Whether they're worn coiled around my arm or my neck, these bendy bangles look great with any outfit. —RACHEL ZARRELL  
\$38, HOLIDAY, 53 CHARLES ST., BOSTON, 617-973-9730, STORE.HOLIDAYBOUTIQUE.NET.

## Reinventing the Meal

Another year, another opportunity to break my dietary resolutions in the blink of an eye. The only thing standing in the way is my discovery of Wellesley's Healthy Habits Kitchen, which doles out wholesome, delish meal kits (ultrafresh ingredients, easy instructions). And they deliver. Meaning yet another excuse to eat unhealthily bites the dust. —A.H.  
36 WASHINGTON ST., WELLESLEY, 781-235-6325, HEALTHYHABITSKITCHEN.COM.